



**OUR CHEFS HAVE DETERMINED HOW SWEET IT IS
THIS WEEK: 8/25/08 - 8/31/08**

MELONS/PINEAPPLES

97475 HONEYDEWS 5-6 CT BRIX: 12.9	97510 CRENSHAW MELONS 5 CT BRIX: 14.1
97700 WATERMELON 1 EACH BRIX: 13.9	97500 CANTALOUPE 12-15 CT BRIX: 13.8
99805 SEEDLESS WATERMELONS 4-5 CT BRIX: 13.5	99962 DEL MONTE GOLD PINEAPPLES 5-6 CT BRIX: 14.9
97530 JUAN CANARY MELONS 6-8 CT BRIX: 14.1	97090 GOLD PINEAPPLES 5-6 CT BRIX: 13.8

BERRIES/GRAPES

97725 STRAWBERRIES (DRISCOLL) 12 PT BRIX: 9.5	99740 BLACKBERRIES 12CT BRIX: 9.8
97750 BLUEBERRIES 12/6 OZ BRIX: 8.9	98265 BLACK GRAPES, SEEDLESS 18LB BRIX: 13.9
98915 RASPBERRIES 12CT BRIX: 9.5	98275 RED GRAPES, SEEDLESS 18LB BRIX: 14.9
	98300 GREEN GRAPES, SEEDLESS 18LB BRIX: 14.3

SUMMER FRUITS

98494 PLUOT BIG DADDY 56 CT BRIX: 14.5	98475 CALIFORNIA NECTARINES 56 CT BRIX: 9.8
98496 MANGO TANGO PLUOT 56 CT BRIX: 13.8	99325 CALIFORNIA APRICOTS 72 CT BRIX: 8.8
99949 RASPBERRY JEWEL PLUOT 56 CT BRIX: 16.5	99839 WHITE FLESH NECTARINES 56 CT BRIX: 11.2
99969 DINOSAUR EGG PLUOT 28 CT BRIX: 13.9	99345 RED PLUM 28 LB BRIX: 10.2
99947 WHITE PEACHES 56-64CT BRIX: 10.1	99315 MEDIUM SOUTHERN PEACHES 2 1/4 25 LB BRIX: 10.1
98450 CALIFORNIA PEACHES 56 CT BRIX: 11.1	99570 LARGE SOUTHERN PEACHES 2 1/2 25 LB BRIX: 9.9

APPLES/PEARS

99842 GALA APPLES 100 CT BRIX: 12.1	98570 RED D'ANJOU PEARS 35-50 CT BRIX: 9.8
99532 GOLDEN DELICIOUS APPLES 100 CT BRIX: 12.5	99005 BOSCH PEARS 100 CT BRIX: 10.2



Sugar Sweet Index

Our buyers, receivers and chefs have developed this program as a guide for you. Please keep in mind the following: A refractometer is used to measure the Brix content of fruit and vegetables. • Brix is the percentage of sucrose, fructose in 100 pounds of juice • Brix value varies with each species and should be used to compare species to species ie: not peaches to strawberries or melons to grapes. • Brix=Quality

Item #	PRODUCE	Average Brix	Good Brix	Bursting Brix
Melons				
98572	HONEY ORANGE FLESH MELON	10	12	14
97475	HONEYDEW	10	12	14
97517	CASABA	10	12	14
97500	CANTALOUPE	10	12	14
97510	CRENSHAW MELON	10	12	14
97478	GALIA MELON	10	12	14
97530	JUAN CANARY MELON	10	12	14
97512	SHARLYN MELON	8	10	12
99805	WATERMELON	10	12	14
97516	GOLDEN HONEYDEW	10	12	14
97514	CAN-A-DEW	10	12	14
96915	PEPINO	10	12	14
99948	YELLOW SEEDLESS WATERMELON	10	12	14
97520	PERSIAN MELON	10	12	14
97590	SANTA CLAUS MELON	10	12	14
Berries				
97725	STRAWBERRY	8-9	10-12	14-16
99740	BLACKBERRY	6	8	12
97750	BLUEBERRY	8	10	12
98915	RASPBERRY (RED)	6	8	12
98930	RASPBERRIES (gold)	8	10	12
Fruit				
98300	GRAPE- green	12	17.5	22+
99365	MANGO	6	10	15
98475	NECTARINES	6	12	14
98450	PEACH	9.3	13.3	17.3+
99962	PINEAPPLE	12	14	20
98510	PLUMS	10	12	16
	PLUOTS	10	12	16
	APPLES	13	15	17
	PEARS	11	13	15
	ORANGES	10	12	16

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Visit our website at www.jkings.com daily to receive the latest update on seasonal fruits and vegetables. If you would like a weekly market report via e-mail contact sinead@jkings.com