



OUR CHEFS HAVE DETERMINED HOW SWEET IT IS THIS WEEK: 2/6 - 2/12/12

APPLES/PEARS

97800 RED DELICIOUS XFCY APPLES
80-88 CT BRIX: 13.0

98868 GALA APPLES
100 CT BRIX: 13.9

98950 GOLDEN DELICIOUS APPLES
80 CT BRIX: 13.5

99040 FUJI APPLES
80 CT BRIX: 13.3

97810 MACINTOSH APPLES
100 CT BRIX: 11.0

99943 NY ROME APPLES
56 CT BRIX: 11.5

98862 EMPIRE APPLES
100 CT BRIX: 13.9

98570 RED STARKRIMSON PEARS
45 CT BRIX: 9.3

98615 MED. GREEN/YELLOW BARTLETT PEARS
100 CT BRIX: 10.2

99090 LARGE BROWN BOSCO PEARS
80 CT BRIX: 9.9

98580 D'ANJOU PEARS
80 CT BRIX: 13.1

99968 ASIAN PEARS
10-16 CT BRIX: 11.6

WOW!

WOW!

GRAPES/BERRIES

98275 RED GRAPES, SEEDLESS
18 LB BRIX: 16.5

98300 GREEN GRAPES, SEEDLESS
18 LB BRIX: 17.0

98265 BLACK GRAPES, SEEDLESS
18 LB BRIX: 14.8

98915 RASPBERRIES
12 CT BRIX: 9.9

98307 STRAWBERRIES
8/1 LB BRIX: 10.9

97725 DRISCOLL STRAWBERRIES
8/1 LB BRIX: 9.9

99740 BLACKBERRIES
12 CT BRIX: 9.9

97750 BLUEBERRIES
12 PT BRIX: 10.0

WOW!

WOW!

MELONS/PINEAPPLES

97475 HONEYDEWS
5-6 CT BRIX: 9.5

99805 SEEDLESS WATERMELONS
4-5 CT BRIX: 10.4

97500 CANTALOUPE
12-15 CT BRIX: 10.1

99962 DEL MONTE GOLD PINEAPPLES
5-6 CT BRIX: 13.5

97090 GOLD PINEAPPLES
5-6 CT BRIX: 15.4

WOW!

WINTER CITRUS

97650 SUNKIST ORANGES
72 CT BRIX: 13.5

99977 KUMQUATS
1 CASE BRIX: 13.5

99984 CLEMENTINE GIFT BOX
24-28 CT BRIX: 12.0

99837 MINNEOLA TANGELOS
1 CASE BRIX: 13.1

97850 RED GRAPEFRUIT
32 CT BRIX: 12.2

99030 TANGERINES
120 CT BRIX: 14.8

99981 BLOOD ORANGES
48 CT BRIX: 10.4

97654 CARA CARA NAVELS
28-36 CT BRIX: 12.0

WOW!



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Sugar Sweet Index

Our buyers, receivers and chefs have developed this program as a guide for you. Please keep in mind the following: A refractometer is used to measure the Brix content of fruit and vegetables. • Brix is the percentage of sucrose, fructose in 100 pounds of juice • Brix value varies with each species and should be used to compare species to species ie: not peaches to strawberries or melons to grapes. • Brix=Quality

Item #	PRODUCE	Average Brix	Good Brix	Bursting Brix
Melons				
98572	HONEY ORANGE FLESH MELON	10	12	14
97475	HONEYDEW	10	12	14
97517	CASABA	10	12	14
97500	CANTALOUPE	10	12	14
97510	CRENSHAW MELON	10	12	14
97478	GALIA MELON	10	12	14
97530	JUAN CANARY MELON	10	12	14
97512	SHARLYN MELON	8	10	12
99805	WATERMELON	10	12	14
97516	GOLDEN HONEYDEW	10	12	14
97474	HAMI MELON	10	12	14
99948	YELLOW SEEDLESS WATERMELON	10	12	14
97520	PERSIAN MELON	10	12	14
97590	SANTA CLAUS MELON	10	12	14
Berries				
97725	STRAWBERRY	8-9	10-12	14-16
99740	BLACKBERRY	6	8	12
97750	BLUEBERRY	8	10	12
98915	RASPBERRY (RED)	6	8	12
98930	RASPBERRIES (gold)	8	10	12
Fruit				
98300	GRAPE- green	12	17.5	22+
99365	MANGO	6	10	15
98475	NECTARINES	6	12	14
98450	PEACH	9.3	13.3	17.3+
99962	PINEAPPLE	12	14	20
99345	PLUMS	10	12	16
	PLUOTS	10	12	16
	APPLES	13	15	17
	PEARS	11	13	15
	ORANGES	10	12	16

Brix value varies with each species and should be used to compare species to species ie: not peaches to strawberries or melons to grapes. The temperature of fruit can affect the brix count by up to 1% per degree.

Visit our website at www.jkings.com daily to receive the latest update on seasonal fruits and vegetables.