



OUR CHEFS HAVE DETERMINED HOW SWEET IT IS THIS WEEK 7/16 - 7/22/18

SUMMER FRUIT

- 98450 California Yellow Peaches
18 lb Brix: **16.0**
- 99947 California White Flesh Peaches
56-64 ct Brix: **16.0**
- 98559 Large Peaches 2 1/2"
25 lb Brix: **13.0**
- 98479 Donut Peaches (Saturns)
48-50 ct Brix: **15.0**

- 98475 Yellow Nectarines
48-56 ct Brix: **16.0**
- 99325 Apricots
96 ct Brix: **14.0**
- 99343 California Red Plums
28 lb ct Brix: **16.0**



GRAPES & BERRIES & CHERRIES

- 98275 Red Grapes Seedless
18 lb Brix: **18.0**
- 98300 Green Grapes Seedless
18 lb Brix: **17.0**
- 98915 Raspberries
12 ct Brix: **12.0**
- 99740 Blackberries
12 ct Brix: **13.0**
- 98290 Large Fresh Cherries
10-12 row Brix: **19.0**



- 97750 Blueberries
4.4/6 oz Brix: **12.0**
- 97756 Blueberries Fresh Pint
12 pt Brix: **13.0**
- 98307 Consumer Pack Strawberries
8/1 lb Brix: **10.0**
- 97725 Driscoll Strawberries
8/1 lb Brix: **11.0**
- 98293 Jumbo Fresh Cherries
9-9.5 row Brix: **18.0**



MELON & PINEAPPLES

- 97475 Honeydews
5-6 ct Brix: **12.0**
- 97505 Cantaloupes Extra Large
9-12 ct Brix: **12.0**
- 97090 Gold Pineapples
5-6 ct Brix: **13.0**



- 99962 Del Monte/Dole
Gold Pineapples
5-6 ct Brix: **14.0**
- 99805 Seedless Watermelons
4-5 ct Brix: **12.0**



APPLES & PEARS

- 98905 Granny Smith Apples
80-90 ct Brix: **12.0**
- 99046 Fuji Extra Fancy Apples
80-88 ct Brix: **13.0**
- 98952 Extra Fancy Gala Apples
80 ct Brix: **11.0**



- 98570 Red D'Anjou Pears
45/50 ct Brix: **15.0**
- 99090 Large Brown Bosc Pears
45/50 ct Brix: **15.0**
- 99968 Extra Large Fancy Asian Pears
45/50 ct Brix: **11.0**





Sugar Sweet Index

Our buyers, receivers and chefs have developed this program as a guide for you. Please keep in mind the following: A refractometer is used to measure the Brix content of fruit and vegetables. • Brix is the percentage of sucrose, fructose in 100 pounds of juice • Brix value varies with each species and should be used to compare species to species ie: not peaches to strawberries or melons to grapes. • Brix=Quality

Item #	PRODUCE	Average Brix	Good Brix	Bursting Brix
Melons				
98572	HONEY ORANGE FLESH MELON	10	12	14
97475	HONEYDEW	10	12	14
97517	CASABA	10	12	14
97500	CANTALOUPE	10	12	14
97510	CRENSHAW MELON	10	12	14
97478	GALIA MELON	10	12	14
97530	JUAN CANARY MELON	10	12	14
97512	SHARLYN MELON	8	10	12
99805	WATERMELON	10	12	14
97516	GOLDEN HONEYDEW	10	12	14
97474	HAMI MELON	10	12	14
99948	YELLOW SEEDLESS WATERMELON	10	12	14
97520	PERSIAN MELON	10	12	14
97590	SANTA CLAUS MELON	10	12	14
Berries				
97725	STRAWBERRY	8-9	10-12	14-16
99740	BLACKBERRY	6	8	12
97750	BLUEBERRY	8	10	12
98915	RASPBERRY (RED)	6	8	12
98930	RASPBERRIES (gold)	8	10	12
Fruit				
98300	GRAPE- green	12	17.5	22+
99365	MANGO	6	10	15
98475	NECTARINES	6	12	14
98450	PEACH	9	13	16
99962	PINEAPPLE	12	14	20
99345	PLUMS	10	12	16
	PLUOTS	10	12	16
	APPLES	13	15	17
	PEARS	11	13	15
	ORANGES	10	12	16

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Visit our website at www.jkings.com daily to receive the latest update on seasonal fruits and vegetables.