



# Produce Seasonal Calendar

## JANUARY

### VEGETABLES

Broccoli  
Cauliflower  
Bell Pepper Red & Green  
Red Potatoes

Haricot Vert (French Beans)  
Snap Peas  
Baby Orange Carrots  
Fresh Rosemary

White Mushrooms  
Seedless Greenhouse Cucumbers  
Grape Tomatoes  
Snow Peas

### FRUITS

Florida Grapefruit  
Kumquats  
Tangelo Oranges  
Forelli Pears

Imported Chilean Nectarines  
Asian Pears  
Mexican Hass Avocados  
Bananas

Golden Pineapple  
Royal Gala Apples  
California Navel Oranges

## FEBRUARY

### VEGETABLES

Chili Peppers  
Red Salad Onions  
Fingerling Potatoes  
Spring Mix

Idaho Baking Potatoes  
Shitaki Mushroom  
White Asparagus  
Fresh Thyme

Crimini Mushrooms  
Desert Glory Cherry Tomatoes  
Red Bell Peppers  
Watercress  
Jicama

### FRUITS

Wash. Red Delicious Apples  
Honey Tangerines  
Imported Chilean Grapes  
Mangos

Kiwifruit  
Seedless Watermelons  
Blood Oranges  
Meyer Lemons

Imported Blueberries  
Prickly Pears  
California Navel Oranges

## MARCH

### VEGETABLES

Asparagus Green  
Dandelion  
Cluster Tomatoes  
Yukon Gold Potatoes

Upland Cress  
Fresh Chives  
Oyster Mushrooms  
Seabans

Fingerling Potatoes  
Pea Sprouts  
Portabella Mushroom  
Yellow Bell Peppers

### FRUITS

Bananas  
Stem Mandarin Tangerines  
Washington Golden Delicious Apples  
Forelli Pears

Imported Honeydews  
Imported Cantaloupe  
Blood Oranges  
Ruby Red Grapefruit  
Kumquats

Anjou Pears  
Strawberries

## APRIL

### VEGETABLES

Red Fingerling Potatoes  
Shitaki Mushrooms  
White Asparagus  
Green Asparagus

Globe Artichokes  
Garlic  
New Crop Yellow Spanish  
Onions

Broccoli Crowns  
Fava Beans  
Fiddlehead Ferns  
Fresh Basil  
Porcini Mushrooms

### FRUITS

Blood Oranges  
California Strawberries  
California Raspberries  
Meyer Lemons

Golden Ripe Bananas  
Late California Navel Orange  
Charentais Melon  
Minneola Tangelo

Stem Strawberries  
Persian Limes  
Sweet Papaya  
Golden Pineapple

## MAY

### VEGETABLES

Broccolini  
New Arizona Red Potatoes  
Asparagus  
Florida Corn

Iceberg Lettuce  
Cherry Tomatoes  
Arugula  
Pea Shoots

Fresh Tarragon  
Wild Ramps  
Green Garlic  
Spring Onions

### FRUITS

Bing Cherries  
Blackberries  
Nectarines  
California Strawberries

Sunkist lemons  
Chilean Granny Smith Apples  
Asian Pears  
Blood Oranges

Ranier Cherries  
Medjool Dates  
Lychee  
New Crop California Grapes

## JUNE

### VEGETABLES

String Beans  
Grape Tomatoes  
Long Green Cucumbers  
New Jersey Escarole

Sweet Cal. Red Onions  
Sweet Georgia Vidalia Onions  
Green Zebra Tomatoes  
Trumpet Mushrooms

Yellow Waxed Beans  
Mache  
Baby Fennel  
Fresh Chervil

### FRUITS

California Apricots  
White Peach  
White Nectarines  
Black Bing Cherries

California Cantaloupe  
Perlette Seedless Grapes  
Sweet Honeydew  
Red Seedless Grapes

New Crop California  
Valencia Orange  
Golden Pineapple  
Fresh Figs

## JULY

### VEGETABLES

Long Island Bi-Color  
Sweet Corn  
Black Beauty Eggplant  
Local Leeks

Long Island Green Cabbage  
Jalapeno Peppers  
Red Creamer Potatoes  
Brandywine Tomatoes

Sea Beans  
Rainbow Swisschard  
Pea Shoot  
Micro Greens

### FRUITS

Seedless Watermelons  
NJ Giant Blueberries  
Freestone Peaches  
Santa Rosa Plums

Turlock California Honeydews  
Thompson Seedless Grapes  
Champagne Grapes  
Plumcots

White Nectarines  
Black Mission Figs  
Red Raspberries  
Early Crenshaw Melons

## AUGUST

### VEGETABLES

Yukon Gold Potatoes  
Local Beefsteak Tomatoes  
Local Heirloom Tomatoes  
Green Zucchini Squash

Yellow Summer Squash  
New Jersey Collard Greens  
Toy Box Tomato  
Cranberry Beans

Romano Beans  
Chili Peppers  
New Crop Chef Potato  
Fresh Oregano

### FRUITS

Black Mission Figs  
Local Currants  
Galía Melons  
California Nectarines

West Side Canteloupes  
Yellow Doll Watermelon  
Local Musk Melons  
Cal Yellow Flesh Crenshaw Melons

Red Seedless Grapes  
Local Blackberries  
Jumbo Washington Raspber-  
ries, Red & Golden  
Golden Pineapple

## SEPTEMBER

### VEGETABLES

Local Pear Tomatoes  
California Stemless  
Spinach  
California Broccoli  
Long Island Sweet Corn

New Jersey Eggplant  
Blackeyed Peas  
Delicata Squash  
Ass. Color Cherry Tomatoes

Chanterelle Mushrooms  
Bright Lights Swisschard  
Italian Parsely  
Baby Bunched Turnips

### FRUITS

Green Figs  
New Eastern Mac Apples  
Concord Grapes  
Baby Kiwi

Seckel Pear  
Cactus Prickly Pears  
Golden Pineapple  
Cal White Flesh Casaba Melons

Green Gage Plums  
Muscat Grapes  
Brown Turkey Figs  
Cortland Apple

## OCTOBER

### VEGETABLES

Broccoli Rabe  
California Cauliflower  
Local Purple Cauliflower  
New Crop Sweet Potatoes

Fresh Beets  
Red Cabbage  
Chinese Long Beans  
Mache

Pumpkins  
Sweet Dumpling Squash  
Fresh Dill  
Fall Crop Cucumbers

### FRUITS

Pomegranats/Chinese  
Apples  
Persimmons  
D'anjou Pears  
New Crop Washington

Red Delicious Apple  
Kiwi Fruit  
Wash. Golden Delicious Apples  
New Crop Fla. Juice Orange  
Red Rome Baking Apple

Pineapple Guava  
Jona Gold Apple  
Quince  
Forelli Pear

## NOVEMBER

### VEGETABLES

Yellow Turnips  
California Carrots  
Fresh Broccoli  
Broccoli

Fingerling Potatoes  
Desert Glory Cherry Tomatoes  
Lobster Mushrooms  
Yellow Oyster Mushrooms

Radicchio  
Celery Root  
Rosemary  
Fresh Chives

### FRUITS

Seedless Clementines  
Prickly Pears  
Brown Bosc Pears  
Washington Gala Apples

Seckle Pears  
Fuji Persimmons  
Fuji Apples  
Florida Juice Orange

Golden Pineapple  
Lady Apple  
Cherimoya  
Satsuma Mandarin

## DECEMBER

### VEGETABLES

Yukon Gold Potato  
Broccoli  
California Celery  
Fresh Garlic

Yellow Turnips/Rutabagas  
Broccolini  
Yellow Root Mushroom  
Tuscan Kale

Sunchokes  
Parsnips  
Peeled Baby Carrots with top  
White Turnips

### FRUITS

Florida Seedless Grapefruit  
Sweet Honey Tangerines  
Wash. Red Delicious Apples  
Sugar Sweet Comice Pears

Clementines  
Fresh lemon  
Rambutan  
Forelli Pears

Golden Pineapple  
Passion Fruit  
Limequats  
Fall Red Pear