It’s summertime! Everywhere from New Jersey to the east end of Long Island is blooming with fresh produce. So, why are restaurants getting their produce from California? Long Island and New Jersey farms offer restaurateurs the freshest possible produce straight from the farms to their kitchens.

J. Kings Food Service Professionals, Inc. has joined forces with local Long Island and New Jersey farmers to bring you the freshest local produce available.
McBride Farms
Oregon Road
Cutchogue, New York

About the Farm:
Richard, his sons and other family members have been an integral part of the Long Island Farming Community since 1966. Their 200 + acres in Cutchogue produce host quality products.

Produce Available Includes:

- Sweet Corn           July - Oct
- Cucumbers            July - Oct
- Potatoes              Aug - Dec
- Cauliflower          Oct - Nov
- Broccoli              Oct - Nov
Catapano Dairy
Sound Avenue
Mattituck, New York

*About the Farm:*

Catapano Dairy is a quality producer of a number of goat cheeses.

*Products Available Include:*

- Chervre (4 varieties) April-Oct
- Feta April-Oct
- Ricotta (Not a Cultured Cheese) April-Oct
- Specialty Cheeses
  - Aged Cheddar April-Oct
  - Yogurt April-Oct

- Mold-Ripened Cheeses, Aged
  - Brie April-Oct
  - Crotin April-Oct
  - Blue Cheese April-Oct
  - White & Blue Mold Ripened Cheese April-Oct
Densieski Farms
Lewis Road
East Quogue, New York

About the Farm:
Ed and his family have been farming in East Quogue for the past 91 years. He grows host of quality products and starts harvesting his zucchini in late June and winds up with cauliflower and potatoes in the late fall.

Produce Available Includes:
- Zucchini Squash                   July – Sept
- Bi – Color Corn                  July - Sept
- Cucumbers                        July- Oct
- Peppers                          July – Nov
- Cauliflower                      Oct – Nov
- Colored Cauliflower              Oct – Nov
- Potatoes                         Aug - Dec
Ed Zilnicki Farms
Sound Ave
Riverhead, New York

About the Farm:

Currently the Zilnicki family continues a farming operation, in Riverhead, which has been a quality provider of potatoes products for Long Island for many years.

Produce Available Includes:

Long Island Chef Potatoes        Aug – Dec
Long Island Yukon Gold Potatoes  Aug – Dec
Long Island Red Potatoes         Aug - Dec
Latham Farms
Main Road
Orient, New York

About the Farm:

Next year will mark the 200th year that the Latham family has been involved in the farming industry. Starting with strawberries in early June and finishing with peppers and leeks in Late November, Danny grows a remarkable variety of quality vegetables.

Produce Available Includes:
Super Sweet, Bi-Color Corn Mid July - Oct
Tomatoes:
   Beefsteak Late July - Nov
   Heirloom (5 varieties)
   Plum
   Cherry (4 varieties)
   Gooseberry/husk tomato
Eggplant:
   White, Japanese, Neon, Little Fingers July - Oct
Peppers:
   Red, Yellow Orange, Purple, Hot July - Nov
Strawberries June
Green Beans July - Oct
Leeks Aug - Oct
Zucchini Squash Aug - Oct
Sunflowers July - Oct
Dahlias Aug - Sept
Windy Acres Farm
Main Road
Calverton, New York

About the Farm:

Farmer Tom’s focus has switched recently from vegetable products to tomatoes and sweet corn. He grows quality product and has been very successful at his retail location.

Produce Available Includes:

Tomatoes Aug – Oct
Sweet Bi Color Corn July - Oct
McKay Farms
Main Road
Aquebogue, New York

About the Farm:

Mike, his brothers and their children carry on the farming tradition that was started in the early 1900’s in Aquebogue, NY. Mike and mom Helen grow the highest quality flowers available in the area.

Produce Available Includes:

Tomatoes Red Beefsteak Aug – Oct
Tomatoes Yellow Beefsteak Aug – Oct
Eggplant July – Sept
Peppers July – Nov
String Beans July – Oct
Cut Flowers July – Oct
Pumpkins Aug - Oct
Tomatoes (Cherry, Yellow Cherry, Grape) Aug - Oct
Wells Homestead Acres
Sound Avenue
Riverhead, New York

About the Farm:

Lyle Wells is the present operator of a family farm that dates back to 1661. This 11th generation Long Island farmer cultivates 100 acres of flowers, vegetables, and herbs. He is a quality producer of Long Island asparagus with a focus on several varieties of potatoes and squash later in the season.

Produce Available Includes:

Asparagus May - June
Potatoes: Red & Yukon Gold Mid July - Oct
Zucchini: Green & Yellow Mid July - Oct
Pickles and Cucumbers Mid July - Oct
Deer Run Farms
South Country Road

About the Farm:
Owned and operated by Bob Nolan, Deer Run Farms will accept nothing subpar. Using a very scientific approach to farming, Nolan offers only the finest in produce. Deer Run Farms grows high end specialty lettuce throughout the entire summer, many so rare that he is the sole grower of the particular kind on all of Long Island.

Produce Available Includes:
Spinach       May - Mid July
Cabbage       Late Sept - Early Nov
Lettuce:
   Romaine     Early June - Early Nov
   Boston      Early June - Early Nov
   Red Boston  Early June - Early Nov
   Red Leaf    Early June - Early Nov
   Red Oak     Early June - Early Nov
   Red Batavian Early June - Early Nov
   Green Batavian Early June - Early Nov
   Green Leaf  Early June - Early Nov
Escarole
Chicory (endive)
Basil / Arugula
Sang Lee Farms, Inc.
County Road
Southold, New York

About the Farm:

Sang Lee Farms established itself in the 1940s and has since grown to a farm of 150 acres offering over 150 different varieties of specialty vegetables. Fred and Karen Lee offer a continual, year-round production of mesclun and baby greens, many of which are organic.

Produce Available Includes:

Asian Greens
Bok Choy
Daikon - Lo Bak - Korean Moo
Dow Mew (Snow Pea Shoots)
Dung Qwa (Watermelon)
Guy Lon (Chinese Broccoli)
Mizuna (Japanese Lettuce)
Nyu Choy Sum (Baby Bok Choy)
Shanghai Choy (Baby Bok Choy)
Sui Choy (Nappa Cabbage)
Tatsoi
U Choy (Flowering Cabbage)

Specialty Seasonal Produce
Asparagus
Beets
Carrots
Chard Chinese Long Beans
Edamene Eggplant
Leeks
Jack-Be-Littles
Onions
Pumpkins
Snow Peas
Tomatoes - Cherry & Pear
Fox Hollow Farms
Sound Avenue
Calverton, New York

About the Farm:

This family owned-and-operated farm now cultivates on 200 acres, producing a variety of the highest quality products. Through the years Lolly and Jeff’s focus has been on sweet corn and beefsteak tomatoes. During the fall, pumpkins and decorative items can be found at their charming market. In addition they grow beans, squash, and cucumbers of magnificent quality.

Produce Available Includes:

Strawberries
String Beans
Sweet Corn
Tomatoes - Beefsteak
Cucumbers
Squash:
  - Green Butternut
  - Acorn Delicata
  - Sweet Dumpling
Face Pumpkins
About the Farm:
The Schmitt farm now sprawls across 225 acres. Phil has expanded his catalog to herbs, rooted vegetables and over 60 varieties of Asian greens. Phil is also ahead of the technology curve: he is one of the only Long Island farmers to practice “vacuum cooling”, a 2 day turn-around for fresh product. The Schmitt Farm is truly of high caliber.

Produce Available Includes:
Cabbage
Lettuce:
   Endive   Romaine
   Boston  Red Leaf
   Green Leaf   Mesclun
Cilantro
Basil
Arugula
Parsley: Plain & Curly
Beets
Spinach
Asian Greens:
   NAPA
   U-Choy
   Gai-Lan
   Shanghai Bok Choy
   Green Leaf
About the Farm:

Established as a garden just eight years ago, chef Eberhard Muller and his wife Paulette have seen their little plot grow quickly into a 200 acre farm. The recent addition of a cooling shed enables their products to achieve better shelf life. Satur Farms provides a long list of the best available produce.

Produce Available Includes:

Herbs
Specialty and Baby Vegetables
Specialty Tomatoes
Unique Rooted Vegetables

(See Back Page for Highlights!)
Harbes Farm
Sound Avenue
Mattituck, New York

About the Farm:

Harbe’s farm started out as a multi-generational potato and cabbage farm. In the 1980’s the Harbe’s family shifted its focus to retail farming. They now operate 2 farm stands and each member of the Harbes family has taken an active part in the farm.

Produce Available Includes:

Sweet Corn
Pumpkins
W & K Farms
Manorville, Long Island, NY

About the Farm:

John Kennedy heads up the operation of this 80 acre farm in Manorville. In addition to crop production, John runs a very successful farmstand, greenhouse and U-Pick operation.

Produce Available Includes:

- Corn: 7/11 - 9/6
- String Beans: 7/4 - 10/18
- Green Squash: 6/27 - 10/23
- Yellow Squash: 6/27 - 10/23
Flora Nursery
Wickham Ave
Cutchogue, NY

**About the Farm:**

Richard Girard’s operation in Cutchogue produces beefsteak tomatoes year round. He has the products under glass in several greenhouses and for those folks who want year round availability he is the answer

**Produce Available Includes:**

- Long Island Greenhouse Grown Tomatoes Year Round
- Fresh Potted Herbs Year Round
About the Farm:

A relative newcomer to Long Island. Nicolas, Eddy and their team have been very successful in the growing and marketing of greenhouse grown cut Micro-Greens, living Micro-vegetables and other Specialties for the creative chefs.

Produce Available Includes:

- Cut Micro-Greens Year Round
- Edible Pansies Year Round
- Living Micro-Vegetables Year Round
- Nasturtium Flowers Year Round
- Nasturtium Leaves Year Round
- Pea Tendrils Year Round
- Pepquiños 04/15 – 10/15
- Sechuan Buttons Year Round
- Upland Cress Year Round
- Wheat Grass Year Round
Lenny Bruno Farms
Manorville, Long Island, NY

About the Farm:

Dominick and Anthony Bruno, along with Dad Dominic, Mother Teresa, and Grandpa Lenny represent the 3 generations of this farming family. Theresa takes care of their newly renovated farm stand, while the “boys” handle the growing operation. Currently they farm on 115 acres in Manorville, Long Island.

Produce Available Includes:

Green Squash 6/27 - 10/23
Yellow Gold Bar Squash 6/20 - 10/21
String Beans 7/4 - 10/18
Bi-Color Sweet Corn 7/11 - 9/6
Green Cabbage 6/27 - 11/29
Eggplant 8/8 - 10/11
Green Peppers 7/25 - 10/25
Plum Tomatoes 8/15 - 10/18
Beefsteak Tomatoes 8/8 - 10/18
Kirby Cucumbers 7/2 - 10/4
Cranberry Beans 8/9 - 10/4
Lavender Eggplant 8/9 - 10/4
White Eggplant 8/9 - 10/4
Frying Peppers 8/1 - 10/25
Jalapeño Peppers 8/1 - 10/25
Italian Peppers 8/1 - 10/25
Cherry Tomatoes 8/15 - 9/20
Heirloom Tomatoes 8/15 - 10/10
**Rottkamp Brothers Farm**  
Old Brookville, Long Island, NY

*About the Farm:*

Brothers Richard and Raymond represent a true 3rd generation North Shore farming family. The farm on 80 acres of prime land in an excellent area in Northern Nassau County of Long Island. They have always taken pride in their “Southern Greens” production.

*Produce Available Includes:*

<table>
<thead>
<tr>
<th>Produce</th>
<th>Availability</th>
</tr>
</thead>
<tbody>
<tr>
<td>Collard Greens</td>
<td>6/13 - 10/25</td>
</tr>
<tr>
<td>Kale</td>
<td>6/13 - 10/25</td>
</tr>
<tr>
<td>Green Swisschard</td>
<td>6/20 - 10/18</td>
</tr>
<tr>
<td>Italian Parsley</td>
<td>6/13 - 10/11</td>
</tr>
<tr>
<td>Curley Parsley</td>
<td>6/13 - 10/11</td>
</tr>
<tr>
<td>Red Beets</td>
<td>6/13 - 10/1</td>
</tr>
<tr>
<td>Rainbow Swisschard</td>
<td>6/20 - 10/18</td>
</tr>
<tr>
<td>Fresh Horseradish</td>
<td>4/25 - 5/15</td>
</tr>
</tbody>
</table>
MKZ Farms
Jamesport, Long Island, NY

About the Farm:

Mark Zaweski along with his wife Emilie, are the owners/operators of this 100 acre farming operation. Through the years a farm that was primarily wooded in nursery production now finds itself with an equal balance of nursery, fruit and veggies.

Produce Available Includes:

- Green Squash: 6/27 - 10/23
- Yellow Squash: 6/27 - 10/23
- Cucumbers: 7/18 - 9/20
- Eggplant: 8/8 - 10/11
Polak Farms
Aquebogue, Long Island, NY

About the Farm:

Billy Polak runs his second generation farming operation on approximately 80 acres in Aquebogue. The larger track of land is adjacent to his family residence on West Lane.

Produce Available Includes:

- Green Squash 6/27 - 10/23
- Yellow Gold Bar Squash 6/20 - 10/21
- Sweet Bi-Color Corn 7/11 - 9/6
- Green Peppers 7/25 - 10/25
Meyers Farms  
Calverton, Long Island, NY and  
Woodbury, Long Island, NY

**About the Farm:**

Pete and Joe Meyer are currently the owners of this fourth generation farming operation. They grow in both Nassau and Suffolk Counties and have a very successful farm stand as well as greenhouse operation in Woodbury. Their growing operation is on approximately 80 acres.

**Produce Available Includes:**

<table>
<thead>
<tr>
<th>Produce</th>
<th>Availability</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sweet Bi-Color Corn</td>
<td>7/11 - 9/6</td>
</tr>
<tr>
<td>Green Peppers</td>
<td>7/25 - 10/25</td>
</tr>
<tr>
<td>Butternut Squash</td>
<td>9/5 - 12/20</td>
</tr>
<tr>
<td>Acorn Squash</td>
<td>9/5 - 11/29</td>
</tr>
<tr>
<td>Spaghetti Squash</td>
<td>9/5 - 12/20</td>
</tr>
</tbody>
</table>
Condezella Farms
Wading River, Long Island, NY

About the Farm:

John Condezella with the help of his wife and children have made a success out of a small growing operation in Wading River. His focus is on growing strawberries and asparagus and does and excellent job at it.

Produce Available Includes:

Fresh Strawberries 6/10 - 7/1
Asparagus 4/27 - 6/15
Anderson Farms
Riverhead, Long Island, NY

About the Farm:

Richard and Fay Anderson along with their son Rodney operate this 200 acre farm in Riverhead. They represent a 2nd generation farming family who also pride themselves with a successful farm-stand operation on Route 58 in the middle of town.

Produce Available Includes:

<table>
<thead>
<tr>
<th>Produce</th>
<th>Availability</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sweet Corn</td>
<td>7/11 - 9/6</td>
</tr>
<tr>
<td>Plum Tomatoes</td>
<td>8/15 - 10/18</td>
</tr>
<tr>
<td>Peppers</td>
<td>7/25 - 10/25</td>
</tr>
<tr>
<td>Beefsteak Tomatoes</td>
<td>8/8 - 10/18</td>
</tr>
</tbody>
</table>
J. A. Berenato Farms
10th Street, Hammonton, NJ

About the Farm:

Started in 1933 by his great grandfather with blueberries, JA Berenato keeps the tradition alive of bountiful harvests. JA Berenato Farms boasts a luscious 350 Acres. Mr. Berenato starts in seeds in green houses and transplants to the ground. JA Berenato Farms sells to all brokers in Vineland with no set customers.

Produce Available Includes:

• Peaches/Nectarines     August - Early September
• Blueberries           Mid June- Mid Aug
• Pickles               Mid July- Mid September
• Cuban Peppers         Now - Mid September
• Sweet Potatoes        Almost year round
• Grape Tomatoes        Mid August-Mid October
Ed Wuillermin & Sons Farm
894 9th Street, Hammonton, NJ

About the Farm:

Started as a family business, Ed Wullerman & Sons Farm continues to run even now in its 3rd Generation. Covering a beautiful 250 acres, this spectacular Jersey farm sells to Vine-land produce companies and food distributors. To help cultivate the luscious produce the farm uses plastic under the plants to help suppress weeds, drip irrigation tubes to keep the plant and fruit dry. They also have brought in beehives to have honey bees pollinate plants (zucchini squash and cucumbers need the most pollination.

Produce Available Includes:

• Eggplant               Mid July-October
• Plum Tomatoes, Tomatoes Mid July-September
• Zucchini Squash        June-October
• Cucumbers              Mid June-October
• Sweet Corn             Mid July-October
• Peas                   Spring, end of May
• Bell Peppers           2nd or 3rd week in July
• Spanish Squash (currently trying)
Glossy Farms
Route 206, Hammonton, NJ

About the Farm:

Started by the Rizotte Family in 1887, who came directly from Italy, has generated a family tradition of excellent farming in New Jersey. The 250 acre farm is proudly owned by the 4th generation of Rizottees--Dave, Anthony and Frank Rizotte.

Produce Available Includes:

• Blueberries- Duke, Blue Crop, Elliot varieties Mid June-Early August
• Steak Tomatoes- all different varieties Mid July-Late September
• Sweet Corn- sweet, and all different varieties Early July-September
• Sweet Potatoes- white and orange Seasonal
(Thanksgiving, Christmas, until no more)
Diamond Blueberries
Pleasantmills Road, Hammonton, NJ

About the Farm:

Developed in 1960 from a farm in existence in this location since 1928, this 850-900 acre farm has a variety of owners including Variety Farms (Bertino Family) and Bridge Ave Farms (cousins). Diamond Blueberries ships all over the country and Canada, sometimes exports to Puerto Rico, New Zealand, and Korea. They currently process (freeze) berries, 30lb boxes, which get sent to bakeries, pie & yogurt manufacturers (poly bags).

Produce Available Includes:

• Blueberries  Mid June- Mid August
Laning Brothers Farms
Cedarville, NJ

About the Farm:

The 1100 acre farm was started in 1937 and is family owned.

Produce Available Includes:

• Lettuce               Late May - Early July
                        Late Sept through Nov
• Cabbage               June- Nov
• Cucumbers             Mid June- Late September
• Peppers               Early July – till frost (late Oct)
• Assorted Oriental Vegetables
                        (Nappa, Baby Corn, etc)   Mid May- Nov

Harvest Wheat, then send to Perdue, then use the land for soil
About the Farm:

Five Generations of Plochs have owned the John Ploch farms. The farm previously was in Northern NJ, then moved to Vineland in 1973, expanding from 20 acres to 280 acres. The farm ships out about 3,000 cases of --primarily herbs and greens during the week and 7,000 on the weekend.

Produce Available Includes:

• Herbs- May-November
  - Arugula
  - Dill
  - Collards
  - Beats
  - Mustard Tops

• Greens-
  - Cabbage
  - Radish
  - Eggplants
  - Lettuce- escarole, Boston romaine

  - Basil
  - Cilantro
  - Kale
  - Dandelion
  - Spinach
  - Swiss Chard
  - Mint
About the Farm:

Founded in 1971 by Tom & Tom Jr., the Tom Pontano & Sons farm is 200 acres large, producing 2-3,000 cases of product per day. Brother owns farm in Florida, and owns in the Winter, they have similar boxes, so their companies run all year round. **Basil** was on the food network (saw the box on tv). Their main distribution goes to Huntspoint (Bronx), Chelsea Market in Boston, Some in Canada, Vineland.

Produce Available Includes:

- Arugula
- Basil
- Beets
- Bibb
- Boston
- Coriander
- Dandelion
- Dill
- Eggplant
- Endive
- Escarole
- Kohlrabi
- Onions
- Leeks
- Mint
- Thyme
- Parsley (Curley)
- Marjoram
- Oregano
- Rosemary
- Parsley (Plain)
- Radishes
- Red Cabbage
- Romaine
- Spinach
- Swiss Chard
- Chervil
- Chives
- Sage
- Tarragon
- Garlic
- Onions
- Kale
Flaim & Sons Farms  
Panther Road, Vineland, NJ  

About the Farm:  

Started in 1934, 300 sprawling acres is home to Faim & Sons, owned by third generationer Bob Flaim, Bobby & Kevin (Sons). The farm employees 38 regular farm hands.  

Produce Available Includes:  

-Squash June-October  
-Zucchini June-October  
-Cabbage June-November  
-Spinach May-October  
-Peppers July-October  
-Leeks June-December  
-Sicilian Eggplant July-September  
-Scallions June-October  
-Lettuce May-July  
-Dandelion May-September
Cassaday Farms
82 Dilks Road, Monroeville, NJ

About the Farm:

Started in 1895, the Cassady farms is a 4th generation family owned 1300 acre farm. They currently distribute their product to Vineland, NY, NJ, Canada, Florida.

Produce Available Includes:

- Squash: June-October
- Zucchini: June-October
- Tomatoes: Late July-Sept
- Cucumbers: Late June-September
- Peppers: July-October
- Watermelons: July-August
- Cantaloupe: July-August
- Egg corn Squash: July-November
- Butternut Squash: July-November
- Sweet Corn: July-September
- Eggplant: July-October
- Pickles: July-September
- Cabbage (Red & Green): June-October
- Turnips: June-November