



OUR CHEFS HAVE DETERMINED HOW SWEET IT IS THIS WEEK

9/25 - 10/1/17

Apples/Pears



- 97819 Cortland X-Fancy Apples (local)
80 ct Brix: 12.0
- 99046 Fuji X-Fancy Apples
80-88 ct Brix: 13.0
- 97813 Ginger Gold Supreme Apples
80-88 ct Brix: 14.0
- 97810 McIntosh Apples
100 ct Brix: 13.0
- 98868 Fancy Gala Apples
90-100 ct Brix: 14.0



- 98580 Pears Large Green
80 ct Brix: 14.0
- 98618 Green/Yellow Large Bartlett Pears
80 ct Brix: 14.0
- 98570 Red D'Anjou Pears
45/50 ct Brix: 14.0
- 99090 Large Brown Bosc Pears
45/50 ct Brix: 14.0
- 99968 Extra Large Fancy Asian Pears
45/50 ct Brix: 13.0

Grapes/Berries/Cherries



- 98275 Red Grapes, Seedless
18 lb Brix: 19.0
- 98300 Green Grapes, Seedless
18 lb Brix: 17.0
- 98915 Raspberries
12 ct Brix: 12.0
- 99740 Blackberries
12 ct Brix: 12.0



- 97750 Blueberries
12 pt Brix: 11.0
- 98307 Consumer Pack Strawberries
8/1 lb Brix: 9.0
- 97725 Driscoll Strawberries
8/1 lb Brix: 10.0

Melons/Pineapples

- 97475 Honeydews
5-6 ct Brix: 10.0
- 97500 Cantaloupes
12-15 ct Brix: 11.0
- 97090 Gold Pineapples
5-6 ct Brix: 14.0



- 99962 Del Monte/Dole Gold Pineapples
5-6 ct Brix: 13.0
- 99805 Seedless Watermelons
4-5 ct Brix: 11.0
- 97718 Jumbo Seeded Watermelon
3 ct Brix: 11.0





Sugar Sweet Index

Our buyers, receivers and chefs have developed this program as a guide for you. Please keep in mind the following: A refractometer is used to measure the Brix content of fruit and vegetables. • Brix is the percentage of sucrose, fructose in 100 pounds of juice • Brix value varies with each species and should be used to compare species to species ie: not peaches to strawberries or melons to grapes. • Brix=Quality

| Item # | PRODUCE | Average Brix | Good Brix | Bursting Brix |
|----------------|----------------------------|--------------|-----------|---------------|
| Melons | | | | |
| 98572 | HONEY ORANGE FLESH MELON | 10 | 12 | 14 |
| 97475 | HONEYDEW | 10 | 12 | 14 |
| 97517 | CASABA | 10 | 12 | 14 |
| 97500 | CANTALOUPE | 10 | 12 | 14 |
| 97510 | CRENSHAW MELON | 10 | 12 | 14 |
| 97478 | GALIA MELON | 10 | 12 | 14 |
| 97530 | JUAN CANARY MELON | 10 | 12 | 14 |
| 97512 | SHARLYN MELON | 8 | 10 | 12 |
| 99805 | WATERMELON | 10 | 12 | 14 |
| 97516 | GOLDEN HONEYDEW | 10 | 12 | 14 |
| 97474 | HAMI MELON | 10 | 12 | 14 |
| 99948 | YELLOW SEEDLESS WATERMELON | 10 | 12 | 14 |
| 97520 | PERSIAN MELON | 10 | 12 | 14 |
| 97590 | SANTA CLAUS MELON | 10 | 12 | 14 |
| Berries | | | | |
| 97725 | STRAWBERRY | 8-9 | 10-12 | 14-16 |
| 99740 | BLACKBERRY | 6 | 8 | 12 |
| 97750 | BLUEBERRY | 8 | 10 | 12 |
| 98915 | RASPBERRY (RED) | 6 | 8 | 12 |
| 98930 | RASPBERRIES (gold) | 8 | 10 | 12 |
| Fruit | | | | |
| 98300 | GRAPE- green | 12 | 17.5 | 22+ |
| 99365 | MANGO | 6 | 10 | 15 |
| 98475 | NECTARINES | 6 | 12 | 14 |
| 98450 | PEACH | 9 | 13 | 16 |
| 99962 | PINEAPPLE | 12 | 14 | 20 |
| 99345 | PLUMS | 10 | 12 | 16 |
| | PLUOTS | 10 | 12 | 16 |
| | APPLES | 13 | 15 | 17 |
| | PEARS | 11 | 13 | 15 |
| | ORANGES | 10 | 12 | 16 |

Brix value varies with each species and should be used to compare species to species ie: not peaches to strawberries or melons to grapes. The temperature of fruit can affect the brix count by up to 1% per degree.

Visit our website at www.jkings.com daily to receive the latest update on seasonal fruits and vegetables.