

**VEGETABLE RETAIL ITEMS**



Tossed Salad Bowl  
71425 6/10oz



Garden Salad  
Bowl  
71435 6/11oz



Asian Salad Bowl  
71430 6/11oz



Mediterranean Salad  
Bowl  
71440 6/11oz



Carrot Stick Cup  
90790 12/6oz

Celery Stick Cup  
90795 12/6oz

Carrot & Celery Stick  
Combo Cup  
90810 12/6oz



Small Tossed Salad  
92095 12/6oz

**YOGURT PARFAITS**



Blueberry Parfait  
w/Vanilla Yogurt  
92085 12/9 oz



Strawberry Parfait  
w/Vanilla Yogurt  
92080 12/9 oz



Petite Parfaits  
w/Vanilla Yogurt  
12/6 oz  
Blueberry 92086  
Strawberry 92081

J. Kings Food Service Professionals, Inc.  
700 Furrows Road • Holtsville, NY 11742  
631-289-8401

01-22-07

*From Our  
Kitchen...*



*...To Yours*

*Kitchen Cuts*

By Westbrook



Gourmet Herbs, Greens  
& Specialties



Cost Control • Labor Savor • 100% Yield • "Safe" • No Preservatives



## The Step-by-Step Process of Diced Peppers:



Preparation



Dicing



Washing



Drying



Inspecting



Bagging



Vacuum Sealing



Finished Product

### LLOYD HARBOR GREENS

Apples Granny 3/8" Diced	4/5 lb	9003649
Apples Granny Peeled & Sliced	1/5 lb	909490
Beets Baby Gold Peeled w/Tops	1/110 ct	97902
Beets Baby Candy Cane Peeled w/top	1/110 ct	97903
Beets Red Baby Peeled w/tops	1/110 ct	97735
Beets Candy Striped Baby Peeled	1/5 lb	97755
Carrots Baby Bias Cut Tub	1/5 lb	909190
Cippolini Peeled (approx 65 ct)	1/5 lb	9003090
Eggplant Diced 3/8"	1/5 lb	9003492
Fennel Sliced (Anise)	1/5 lb	9003202
Herb Salad	1/1/2	9003180
Leeks, Std Cleaned & Chopped	1/5 lb	9003270
Lettuce Frisee Washed Wht	1/1 lb	9003580
Micro Cilantro (Cut Flat) Long Island	1 ea	98504
Micro Lettuce Asst. (Cut Flat) Long Island	1 ea	98502
Micro Opal Basil (Cut Flat) Long Island	1 ea	98506
Onions Red Pearl Peeled	1/5 lb	909420
Peas English (Peeled)	1/5 lb	97438
Peppers Red Julienne 1/4"	1/5 lb	9003291
Peppers Yellow Julienne	1/4 lb	9003290
Potato Fingerling Sliced	1/5 lb	9003370
Potato Yukon Chip with Skin	1/20 lb	9003140
Potato Chateau Large	1/5 lb	97690
Potato Turned Large	1/50 ct	97695
Romaine Baby Mix Cut & Washed	1/2.5 lb	9000616
Salsify Peeled Bias Cut	1/5 lb	9003520
Squash Green Diamond Cut	1/5 lb	909470
Squash Yellow Diamond Cut	1/5 lb	909472
Tomato Julienne Plum	1/5 lb	91640
Turnip Baby Peeled with Top	1/110 ct	97900
Yam Chips with Skin	1/20 lb	9003248

### LLOYD HARBOR GREENS MESCLUN MIXES

Sedona Fiery Red	1/2.5 lb	9000602
Park Avenue	1/2.5 lb	9000603
Tuscany Mix	1/2.5 lb	9000604
5th Avenue	1/2.5 lb	9000605
Peconic Blend	1/2.5 lb	9000606
Hampton Mix	1/2.5 lb	9000607
Westfield	1/2.5 lb	9000609
Northfork Selection	1/2.5 lb	9000611
Steakhouse Mix	1/2.5 lb	9000613
Asian Blend	1/2.5 lb	99709
BD	1/2.5 lb	9000624
Italian Tri-Color Blend	1/2.5 lb	9000625



Carrots, Turned



Beet - Candy Stripe, Baby Peeled



Turnip, Baby Peeled w/Top



Tuscany Mix



Northfork Selection



Strawberries, washed & topped



Cantaloupe Chunks



Watermelon Chunks



Fruit Salad, cut

## FRUIT

### RETAIL

Apple Wedge	12/8oz	98436
Assorted Fruit Case	12/8 oz	91737
Cantaloupe Chunks, 12/8oz	12/8oz	98335
Fruit Salad Cut	12/8oz	98345
Fruit Salad Supreme	12/8oz	91735
Fresh Fruit Cup	12/10oz	92065
Grapes - Red, Pulled 12/8oz	12/8oz	98435
Grapes - Green Seedless Pulled	12/8oz	98437
Grapes Red/Green Asst.	12/8 oz	92105
Grapefruit Sections 12/10	12/10oz	98245
Honeydew Chunks, 12/8oz	12/8oz	98365
Melon Balls	12/6 oz	92090
Orange Sections 12/10oz	12/10oz	98665
Pineapple Gold - Chunks 12/8oz	12/8oz	98785
Pineapple / Strawberry	12/8 oz	93105
Strawberries - Washed & Topped	12/8oz	98438
Strawberries & Cream	12/4 oz	92092
Watermelon Seedless Chunk	12/8oz	96105

### BERRIES / GRAPES / APPLES/PEARS

Apples, sliced	2/10lb	99996
Grapes - Red, Pulled	1/5lb	98465
Pear Wedges Peeled & Quartered	2/10 lb	99669
Pears - Fresh Diced 1/4"	2/5 lb	93175
Strawberry - Washed & Topped	2/4lb	96700
Strawberries Dark Chocolate	12 ct	98432
Mangoes - Diced 1/4"	2/5lb	99367

### CITRUS

Grapefruit Sections in Juice	2/6lb	98820
Grapefruit Wheels in Juice	1/16 lb	90835
Lemon Wedges	2/5lb	90450
Orange Wedges	2/5 lb	91835
Orange Wheels in Juice	1/16lb	98835
Orange Wheels in Juice	2/6lb	90850
Orange Sections in Juice	2/6lb	98885
Orange Skins - 1/2 Moon (garnish)	2/5lb	91800

### MELONS

Cantaloupe Slices, 1/2"	2/5lb	97320
Cantaloupe Chunks, 2/6#	2/6lb	98285
Cantaloupe Chunks, 1/6#	1/6lb	98286
Cantaloupe Chunks Select Cut, 2/6#	2/6 lb	98288
Cantaloupe Chunks, Bulk	1/16lb	98545
Cantaloupe Melon Balls	2/5 lb	91770
Honeydew Slices, 1/2"	2/5lb	97330
Honeydew Chunks Select Cut, 2/6#	2/6lb	98303
Honeydew Chunks, 2/6lb	2/6lb	98305
Honeydew Chunks, 1/6lb	1/6lb	98308
Honeydew Chunks, Bulk	1/16lb	98535
Honeydew Melon Balls	2/5 lb	91660
Watermelon Balls	2/5lb	91560
Watermelon Chunks, 2/6lb	2/6lb	98395
Watermelon Slices	1/32ct	91490
Watermelon Triangles	2/6 lb	91395

### PINEAPPLE

Pineapple Gold - Slices	2/5lb	97315
Pineapple Chunk 1" Chunk Select	2/6 lb	98417
Pineapple Chunk Gold, 2/6#	2/6lb	98415
Pineapple Chunk Gold, 1/6#	1/6lb	98416
Pineapple Spears	2/48 ct	98419
Pineapple Gold Spears	2/48 ct	98419

### MIXED FRUIT

Fruit Salad - 5 Ingredient	2/6lb	95195
Fruit Salad - 5 Ingredient Petite	2/6lb	95125
Fruit Salad Cut	1/6lb	98340
Fruit Salad Cut	2/6lb	98295
Fruit Salad Manor	2/6lb	98825
Fruit Salad Supreme	2/6lb	95065
Mango & Papaya Mix, 1/2" diced	2/4lb	99368



Shredded Cabbage with Carrots



Matchstick Carrots



Celery, diced

## VEGETABLES

### CABBAGE

Cabbage Grn Shredded Deli Thick 1/4"	4/5lb	99163
Cabbage Grn Shredded Deli Thin 1/8"	4/5lb	99164
Cabbage Grn Shredded Deli Thin 1/8"	2/5lb	99160
Cabbage Green Shredded	1/20lb	99166
Cabbage Grn Cube Cut	4/5lb	91845
Cabbage Shredded with Carrots	2/5lb	99110
Cabbage Nappa Shredded Thin	4/5 lb	94275
Cabbage - Red Shredded	4/5lb	74050
Cabbage - Red Shredded	2/5lb	74051
Cabbage - Red Shredded	1/2lb	70415
Cabbage - Red Shredded Thin	4/5lb	90860
Cabbage White Deli Thick 1/4"	4/5 lb	99162

### CARROTS

Carrots - Peeled, Jumbo	1/20lb	74080
Carrots - Diced 1/4"	4/5lb	99932
Carrots - Diced 1/2"	4/5 lb	99937
Carrots - Diced 1/2"	1/25 lb	93860
Carrots - Shredded	8/2.5lb	99575
Carrots - Shredded	2/5lb	99576
Carrot Sticks - Hand Stacked	4/5lb	99765
Carrot Sticks - Hand Stacked	2/5lb	99766
Carrot Stick Thick Cut 3/8"	2/5lb	91765
Carrot Stick 3/8"X2"	2/5 lb	91768
Carrots - Match Stick	1/2lb	70420
Carrots - Match Stick 1/8"	2/5lb	96740
Carrots - Chopped	2/5lb	99936
Carrots - Coin Cut Medium	4/5lb	99577
Carrots - Julienne 1/4"x2"	2/5lb	97340
Carrots - Calif Peeled, 4" Plug	1/25lb	97845
Carrots - 3/4" Thick, Soup Cut	4/5lb	99578
Carrots Half Moon	2/5 lb	99878

### CELERY

Celery - Crescent Cut 1/4"	4/5lb	97128
Celery - Matchstick	2/5lb	97745
Celery - Split, Stick, Hand Stack	2/5lb	99760
Celery - Diced, 1/4"	4/5lb	99120
Celery - Diced, 1/4"	5/2lb	99121
Celery - Diced Bulk 1/4"	1/25lb	91860
Celery - Diced, 1/2"	4/5lb	99563
Celery - Diced 1/8"	4/5 lb	99122
Celery - Diced 1/2"	1/25lb	93865
Celery Branches, washed & trimmed	1/10lb	99420
Celery 3/4" Thick Cut Soup	4/5 lb	97129
Celery Knob, peeled	2/5lb	72155

### ONIONS

Onions -Yellow Whole Peeled	4/5lb	74055
Onions - Yellow Whole Peeled	1/30lb	97930
Onions -Yellow Sliced, 1/4"	2/5lb	74060
Onions - Yellow Sliced, 3/16"	4/5lb	99112

# CUSTOM MADE PLATTERS

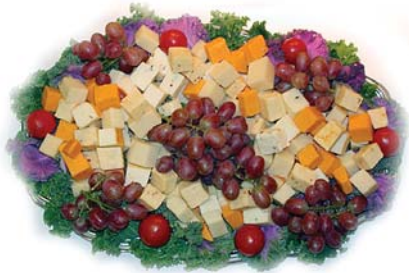


Crudite Basket 1/5.5lb  
91810

*Kitchen Cuts*  
By Westbrook



Large Crudite Basket 1/9lb  
91830



Cheese Platter 1/6lb  
91805



Large Cheese Platter 1/10lb  
92010



Crudite and Cheese Platter 1/11lb  
91820



Fruit Platter, Sliced Oval 1/6lb  
91855



Large Fruit Basket 1/10lb  
91825



Whole Peeled Onions

**ONIONS (continued)**

Onions - Yellow Cube 1x1	2/5lb	99289
Onions -Yellow Diced, 1/4"	2/5lb	99270
Onions - Yellow Diced, 1/2"	1/25lb	93855
Onions -Yellow Diced, 1/2"	2/5lb	99290
Onions -Yellow Diced, 1/4"	1/25lb	74105
Onion Yellow Slab 1/2"	4/5lb	99703
Onion Yellow Slab 3/8"	4/5lb	99115
Onion Yellow Sliced 1/8"	2/5lb	79620
Onion 3/4" Thick Cut Soup	4/5lb	99293
Onions - Red, Whole Peeled	4/5lb	74035
Onions - Red, Whole Peeled	1/30lb	97915
Onions - Red, Sliced 1/4"	2/5lb	74065
Onions - Red, Diced 1/4"	2/5lb	97870
Onions - Red, Diced 1/2"	2/5lb	91485
Onions - Red. Sliced Ring Slab, 3/16"	4/5lb	99189
Onions - Red, Slat Rings	2/3lb	93190
Onion - Red Slab 1/2"	2/5lb	99185
Onion - Red Slab 1/4"	4/5lb	99390
Onions - Spanish Sliced 1"	1/20 lb	93785
Onions - Strings	1/5lb	74098
Onions - Strings Red	1/5 lb	94270
Onion 3/4" Thick Cut Soup	4/5 lb	99293
Onion - White Diced, 1/4"	4/5lb	91870

**SALADS / LETTUCE**

Lettuce - Chopped, "1x1"	4/5lb	99565
Lettuce - Shredded, 1/4"	4/5lb	99580
Lettuce - Shredded (Taco) 1/8"	4/5lb	74020
Lettuce - Romaine Cut	6/2lb	99582
Lettuce - Romaine Hts Shredded 1/8"	4/2.5lb	90885
Lettuce - Romaine Hearts Chopped	4/2.5 lb	99135
Lettuce - Iceberg/Romaine Mix	4/2.5lb	74038
Salad - Euro Blend	4/2.5lb	91920
Salad Tossed (Retail)	12/1lb	99567
Salad - Tossed Mix	4/5lb	99296
Salad - Garden Mix	5/4lb	99840
Salad - West Coast Blend	4/2.5lb	91925
Salad Mix Three Greens	4/2.5lb	99860
Italian Salad Blend	4/2.5#	99298

**PEPPERS**

Pepper - Green Diced, 1/4"	2/5lb	74032
Pepper - Green Diced, 1/2"	2/5lb	97440
Pepper - Green 4" Sliced	2/5lb	91690
Pepper - Green Sliced 1"	1/20 lb	93790
Pepper - Green 1X1 Square	2/5lb	74010
Pepper Strips - Green, 1/4"	2/5lb	74030
Pepper - Green Sticks 1/8"x3"	2/5lb	97087
Pepper - Jalapeño Diced	2/5 lb	74041
Pepper - Red Diced, 1/2"	2/5lb	76040
Pepper - Red Diced 1/4"	2/5lb	74034
Pepper - Red 4" Sliced	2/5lb	91695
Pepper - Red 1" Sliced	1/20 lb	93800
Pepper - Red Strips 1/4"	2/5lb	99444



Yellow Pepper Sticks



Corn, shucked



Beans



Cucumbers

**MISCELLANEOUS**

Asparagus, bias cut	2/5lb	71365
Beans-String, Clean & Trimmed	2/5lb	99933
Beans-French, Hand Snipped	1/5lb	96985
Broccoli Florets	4/3lb	99930
Broccoli Florets	2/3lb	99931
BrocSlaw	2/3lb	97015
Cauliflower Florets	2/3lb	99200
Cilantro Chopped	1/2 lb	74047
Corn - Fresh Shucked	1/48ct	96705
Eggplant Circles 3/8"	2/5lb	98550
Eggplant - Diced 3/4"	2/5lb	98552
Fresh Salsa	1/10lb	99588
Parsley - Curly Diced	2/2.5lb	90855
Salsa, Fresh	2/5 lb	71455
Sugar Snap Peas, Snipped	2/5lb	97667
Scallions - Sliced, 1/4"	2/5lb	97405
Snow Peas - Snipped (#91)	2/5lb	97665

**CRUDITE**

Broccoli Florets	4/3lb	99930
Broccoli Florets - Mini	2/5lb	97060
Carrot Sticks, Hand Stacked	2/5lb	91765
Cauliflower Florets	2/3lb	99200
Cauliflower Florets - Mini	2/5lb	97070
Celery Sticks, Hand Stacked	2/5lb	99760
Cucumbers -Euro Sliced, 1/4"	2/5lb	93245
Cucumbers - Dom. Sliced, 1/4"	2/5lb	98525
Squash - Green Sticks	2/5lb	97120

**CUCUMBERS**

Cucumbers - Chopped 1/2", no skin	2/5lb	91980
Cucumbers - Chopped 1/2", skin on	2/5lb	91985
Cucumbers - 1/4" diced, no skin	2/5lb	91986
Cucumbers - Euro Sliced, 1/4"	2/5lb	93245
Cucumbers - Domestic Sliced, 1/4"	2/5lb	98525
Cucumbers - Hot House, 1/4" w/skin	2/5lb	93225
Cucumbers - 1/2 Moon Sliced	2/5lb	91725

*Looking for a specialty cut or blend?  
Give Danny a call at 631-289-8401, ext. 2174*



Tomatoes, sliced

**ROOTED VEGETABLES**

Beet - Kitchen Cut Peeled Beet	1/20lb	90420
Beet Red Julienne 1/4"X3"	2/5 lb	97110
Beet Sticks, 1/2"x2"	2/5lb	70128
Jicama Sticks 1/2"x2"	2/5lb	99911
Ginger Peeled	2/5 lb	96820
Parsnip Diced 1/2"	2/5lb	72305
Parsnip, Peeled	2/5lb	72135
Parsnip Sticks	4/5#	91960
Radish Matchstick	1/5 lb	91260
Radish Diced 1/2"	1/30lb	70430
Rutabaga Sticks, 1/2"x2"	2/5lb	70129
Turnip White, Sticks 1/2"x2"	2/5lb	70127
Turnip White Stick	4/5lb	91955
Turnip White Diced 1/2"	2/5lb	70125
Turnip Yellow Diced 1/2"	2/5lb	72300
Turnip Yellow Stick	4/5lb	91950

**VEGETABLE BLENDS**

7 Ingredient Soup Mix	2/5#	99572
AM Veggie Blend, diced	2/5#	91650
Asian Stir Fry Mix	2/5#	91790
Chili Blend 1/2"	2/5 lb	91655
Fall Blend 1/2"	2/5#	99688
Fresh Corn Kernals Bi-Color	2/5#	79595
Fajita Blend	2/5lb	90870
Fajita Threeway Mix	2/5#	99583
Fajita Four Way Mix	2/5lb	90565
Grilling Veggies - 6 ingredient	2/5#	91780
Harvest Vegetable Blend	4/5#	99689
Health Salad - 8 Ingredient 1/2"	2/5lb	91865
Israeli Salad Blend 1/4"	2/5#	91745
Mandarin Blend	2/5#	91775
Mid-Winter Blend	2/5#	92000
Roasting Melange	2/5#	91795
Santa Fe Blend	2/5#	62690
Soup Mix Classic 1/4" Diced	2/5lb	99573
Soup Mix Classic 1/2" Diced	2/5#	99566
Soup Mix Manhattan 1/2" Diced	2/5#	91665
Soup Mix New England 1/4" Diced	2/5#	99574
Sunshine Medley	2/5#	97765
Spring Blend	2/5#	91785
Fajita Stir Fry Mix	2/5#	99587
Veggie Stick Blend, 1"	4/5#	96320
Veggie Stick Blend, 1"	1/5#	96321
Veggie Julienne Blend, 3"	4/5#	96325
Wing Sticks (celery & carrots)	2/5#	99762
Yell Onion & Grn Pepper Mix	4/5#	99105
Veg. Blend for Cream Cheese 1/8	2/5#	91730



Santa Fe Blend



Israeli Blend



Red Pepper Sticks

**PEPPERS (continued)**

Pepper - Yellow Diced, 1/4"	2/5lb	97445
Pepper - Yellow Diced, 1/2"	2/5lb	94720
Pepper - Yellow Strips 1/4"	2/5lb	99292
Pepper - Yellow Sticks 3/8"x3"	2/5lb	97091
Pepper - Grn & Red Mix, Diced 1/2"	2/5lb	97446
Pepper - Grn & Red Mix Diced 1/4"	2/5 lb	74033
Pepper - Grn & Red Mix Sliced 1/4"	2/5 lb	74028
Pepper - Grn & Red Mix Sliced 1"	1/20 lb	93805

**SQUASH**

Squash - Green Diced 1/2"	2/5lb	98768
Squash - Green Diced 1/4", seedless	2/5lb	98762
Squash - Green Diced 3/4"	2/5lb	98769
Squash - Green, 1/2" Bias Cut	2/5lb	74070
Squash - Green Coin Cut	2/5lb	74075
Squash - Green Half Moon	2/5lb	98765
Squash - Yellow Diced 1/2"	2/5lb	98767
Squash - Yellow, 1/2" Bias Cut	2/5lb	74095
Squash - Yellow Coin Cut	2/5lb	74090
Squash - Yellow Half Moon, 1/4"	2/5lb	98735
Squash - Yellow and Green Chopped	4/5lb	91400
Squash - Butternut Peeled & 1/2'd	2/10lb	99400
Squash Butternut Peeled/Diced	4/5lb	91685



Yellow Squash, bias cut

**TOMATOES**

Cherry Tomatoes, washed	2/5lb	93455
Plum Tomatoes - Sliced	2/5lb	90820
Tomatoes - Fresh Sliced, 1/4"	2/5lb	90560
Tomatoes - Fresh Sliced 1/4"	2/5lb	97207
Tomatoes - Fresh Diced, 1/4"	2/5lb	97208
Tomatoes - Fresh Diced, 1/2"	2/5lb	97455
Tomatoes - Fresh Diced, Flesh Only	2/5lb	91715
Tomatoes - Fresh Wedges	2/5lb	97209

**POTATOES**

Potato, Idaho Kitchen Cut Peeled	1/20lb	91405
Potato, Idaho Kitchen Cut 1/4" diced	1/20lb	91440
Potato, Idaho, Diced 1/2"	1/25lb	93850
Potatoes, 3/4" Diced in Water	1/20lb	91445
Potatoes - Red, B Quartr in Water	1/20lb	98445
Potatoes - Red 1/2" diced	1/25lb	93875
Potato Red Striped	1/20lb	91840
Potato Yukon Gold - diced 3/4" w/ skin	1/20lb	91441
Potato Whole Peeled in Water	1/20lb	99000
Potato Whole Peeled	2/15lb	98565
Pomme Frites(match stick)	1/20lb	91815
Yams Whole Peeled	1/20lb	91407
Yams - Diced 1/2"	2/5lb	72315



Green Squash Sticks